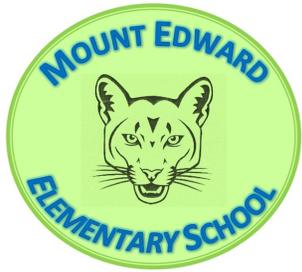


# September 2022 Newsletter



**Mount Edward Elementary**  
3 Windward Avenue  
Dartmouth, NS  
B2W 2G9

**Phone: 902-435-8459**  
**Fax: 902-435-8414**

*A reminder to all parents/  
guardians to please call if  
your child will be late or  
not attending school on  
that day.*

## ZUCCHINI FRIES

- 3 Zucchini
- 1/4 cup parmesan cheese
- 1 pouch Shake’N Bake Crispy Coating Mix
- 1 egg
- 1/2 Mayonnaise
- 1/2 tsp lemon zest
- 1 small garlic clove minced

- 1.Heat oven to 450F
- 2.Cut zucchini crosswise in half, then cut each piece 1/4 inch thick matchlike sticks. Add cheese to coating mix in shaker bag; shake gently to combine. Whisk egg in medium bowl until blended.
- 3.Add zucchini, in batches, to egg; toss until evenly coated. Use tongs to add 1/4 of the zucchini to coating mixture in shaker bag; close bag, then shake to evenly coat zucchini. Spread onto rimmed baking sheet sprayed with cooking spray. Repeat with remaining zucchini.
- 4.Bake 12 to 13 minutes or until zucchini is golden brown, turning after 7 minutes. Meanwhile mix remaining ingredients until blended.
- 5.Serve zucchini sticks with the mayonnaise mixture.

## PRINCIPAL ’ S MESSAGE

Welcome back to all staff, students and their families. At this time, I would like to extend a warm welcome to all of those staff, students and families who are new to Mount Edward School community. Ms. Coffin Were, Vice Principal, and I are both looking forward to an exciting school year at Mount Edward.

Please sure to regularly check your email, our twitter page at [twitter@MEElementary](https://twitter.com/MEElementary), our school website as well as your child’s backpack for a variety of school and class information. The partnership between home and school creates the best opportunities for your child’s success.

At this time, I would like to discuss the importance of all students arriving to school at 8:50 am daily and lining up with their class outside of the school. When students arrive to class late, it is not only disruptive to the late student, but also the rest of the class. Thank you in advance for your cooperation in this matter.

Lori Bartkiw, Principal

## BELL TIMES

8:50	- Entrance Bell
10:30- 10:45	- Recess
12:00 - 12:50	- Lunch
2:55	- Dismissal – All Grades

## WELCOME NEW STAFF MEMBERS

Sarah Doane— P/1 teacher  
Maggie Sullivan—Guidance Counsellor  
Brittany Minnis—Child and Youth Care Practitioner  
Emily Wood—Speech & Language Pathologist  
Michelle Simms—Core French  
Natasha Bowlby—Librarian  
Gena Banfield - EPA  
Violet Johnson—EPA  
Mike McDonald- EPA  
Nicole Pack—EPA  
Princessa Villar—EPA  
Joe Mullane—Caretaker

## BREAKFAST/SNACK PROGRAM

We are excited to share that Mount Edward School will be offering a breakfast/snack program for our students again this year!

Breakfast Programs help support students’ health and nutritional well being. Well-nourished students are ready to learn, they have more energy, and are less distracted by hunger. Our school breakfast/snack program adheres to the Nova Scotia Public Schools Nutrition Policy and the Canada Food Guide. Students have access to a variety of healthy “grab & go” food choices such as, dry cereal, crackers, cheese, yogurt, and granola bars, to mention a few.

Our breakfast/snack program is universally accessible; all students in our school community are welcome to participate. This program not only provide students with nutritious snacks, they are also instrumental in helping students develop lifelong, healthy eating habits.



## HOME & SCHOOL

Mount Edward Home and School is always looking for new members. The first meeting is scheduled for Tuesday, September 27th from 6—7pm. Everyone is welcome to attending this meeting.

## SCHOOL ADVISORY COUNCIL

School Advisory Councils (SACs) play an important role in supporting student success at the community-level. They are volunteer organizations that receive their authority from the Nova Scotia Education Act. SACs are advisory bodies to individual school principals, regional centres for education (RCEs), and the Conseil Scolaire Acadien provincial (CSAP) on a range of issues related to their local schools and the overall school system. SAC membership can vary, but generally consists of the school principal, parents/guardians, teachers, other school staff, students, and community members. SAC membership should reflect the diversity of the school community.

Currently, we are looking for 3 new members to join our School Advisory Council at Mount Edward. We have 2 vacancies for parents/guardians, and 1 vacancy for a community representatives. If you are interested in serving on our SAC, please fill out the attached form and return it to school with your child. If you know of anyone from the Mount Edward School community who may be interested, please forward them this information.

## CURRICULUM NIGHT

Curriculum night will be held on Thursday, September 22. We will meet as a group in the gymnasium for the first 10 minutes then parents will go to their child's classroom for 20 minutes and then move to any additional children's classrooms for another 20 minutes. Please remember that this is not a time to discuss your child but rather a discussion by the classroom teacher regarding curriculum.

## COMMUNITY INFO.

# Woodlawn Community BBQ!

SATURDAY SEPT 24TH  
11AM - 3PM

MORASH POND  
(UNITED CHURCH PARKING LOT)

HOSTED BY:  
THE WOODLAWN RESIDENTS  
ASSOCIATION

## HEAD LICE POLICY

Head lice are tiny insects that live on the head. They lay eggs (called nits) close to the scalp. Head lice do not spread disease, and having head lice does not mean that you are not clean. Head lice are very common among children. Scratching the head can be a sign of head lice, but you can have head-lice without any itching.

Once a child has been treated with the appropriate product to kill the lice, they are able to return to school. A second treatment is necessary after 9 to 10 days. Daily lice combing is required between the 1st and second treatment to ensure no new lice are able to hatch.

For more information, please refer to the Head Lice Pamphlet which can be found on our school's website under the "Our School" heading under the "For Parent" section.

## LOCKDOWN DRILLS

The safety and security of our students and staff are a top priority at our school and the Halifax Regional Centre for Education. We have been implementing a number of measures as part of a comprehensive plan aimed at ensuring our school remains a safe place for our students to learn. All classrooms will participate in our first lockdown drill in the coming weeks. During a lockdown drill, classroom doors are secured and the students remain inside the room until instructed by the teacher to resume their activities. All exterior doors are locked and no one is permitted to enter or leave the building. Students are isolated within the school whenever circumstances make it safer to stay in the classroom rather than evacuate. Just as we prepare our students to properly respond to a fire drill, they also need to be aware of the proper response during a lockdown drill. Please be assured that staff at our school will spend time discussing the importance of this procedure with students prior to running a drill. We will also take time to debrief after the drill to remind them that it was only a practice and there was no danger.

## SCHOOL PARKING LOT

Please be advised that **no vehicles** are to be driving on the school grounds at any time during the day. This includes dropping off and picking up students from Excel at the end of the building and parking in the school driveway that is for emergency/authorized vehicles. We appreciate your support in respecting these parking rules to keep our students safe.

## UPCOMING DATES

- Thursday, September 22 - Curriculum Night (6—7pm)
- Monday, September 26 - Picture Day (morning)
- Tuesday, September 27 - Home & School Meeting (6—7pm)
- Friday, September 30 - National Day for Truth and Reconciliation - No School
- Tuesday, October 4 - SAC Meeting (6—7pm)
- Monday, October 10 - Thanksgiving Day—No School
  
- Friday, October 28 - Provincial Conference Day—No School for students

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If you are interested in serving on the SAC, please complete the following information and return to the office prior to Monday, September 19th, 2022.

**MOUNT EDWARD SCHOOL  
ADVISORY COUNCIL—EXPRESSION OF INTEREST**

<b>Name:</b>	
<b>Names/Grades of children attending Mount Edward</b>	
<b>Please indicate reason for interest in serving on SAC</b>	
<b>Contact Number:</b>	

